

Beach Retreat 2017

Cast A Wide Net: Relax, Recharge and Recover

Friday, April 21st

3:00 - 7:00 pm	Registration, Check-In, Purchase Literature/Raffle tickets/Plinko	Oceanside Upper Balcony
7:00 - 8:00 pm	Opening	Oceanside Ballroom
8:15 - 9:15 pm	Guest Speaker	Oceanside Ballroom
9:30 - 10:30 pm	Candlelight OA meeting (Open discussion)	Oceanside Ballroom

Saturday, April 22nd

7:00 - 7:30 am	Morning Yoga or Beach Walk	Location TBD/Boardwalk
8:00 - 9:00 am	Workshop: Vacation - Recovery Style	Oceanside Ballroom
9:30 - 10:30 am	Workshop: Even More R and R's	Oceanside Ballroom
11:00 - 12:00 pm	Workshop: The Dr's. Opinion	Oceanside Ballroom
12:00 - 1:30 pm	Lunch Break	Lunch on own
1:00 - 1:30 pm	Beach Walk	Oceanside Ballroom
1:45 - 2:45 pm	Workshop: Vision Board	Oceanside Ballroom
3:00 - 4:00 pm	Workshop: The rewards of my "catch" in OA. Miracles happen!	Oceanside Ballroom
4:15 - 5:15 pm	Workshop: You are who you say you are	Oceanside Ballroom
5:15 - 7:00 pm	Dinner Break	Dinner on own
7:00 - 10:00 pm	Happy, Joyous and Free Time	Oceanside Ballroom

Sunday, April 23rd

7:00 - 7:30 am	Morning Yoga or Beach Walk	Location TBD/Boardwalk
8:00 - 9:00 am	OA Meeting	Oceanside Ballroom
9:15 - 10:30	Workshop: AA 12&12	Oceanside Ballroom
10:30 - 11:00 am	Pack Up and Check Out	
11:00 - 12:00	Closing Ceremony and 50/50 raffle drawing	Oceanside Ballroom