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**Tidewater IG (TWIG) of OA**

**Welcomes you to Beach Retreat 25, Step Ashore…Journey to Recovery**

12 - 14 April 2019

Holiday Inn Oceanside

2101 Atlantic Avenue, Virginia Beach, VA 23451

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**Schedule** Beach Retreat 25 opens at 6:30 pm on Friday and closes at 1:00 pm on Sunday.

**Parking:** Each room receives 1 parking pass; there are public parking lots and garages as well.

**Day Trippers:** Please feel free to bring your lunch and make use of the refrigerator and microwave in the Hospitality Room.

**Retreat Check-In:** Begins at 3:00 p.m., in the Oceanside Upper Balcony, on the 2nd floor. Here you will pick up your Beach Retreat name tag and decorate it to express your inner artist. Tip: your badge holder makes a great place to keep your room key. Literature and raffle tickets will be on sale and fun and games will abound.

**The OA Hospitality Room**:Is located on the 2nd floor of the hotel, just down the hall from the meeting room. Hot tea and some bottled water will also be available.

**Entertainment:** Bring your ideas and willingness to serve. If you can sing, play a musical instrument, dance, do stand-up comedy or perform in other ways, feel free to contact Courtney J., at 757-620.3287 or csjohnson1960@msn.com.

We are so delighted that you will be joining us to share our mutual experience, strength, and hope, and we will do everything possible to make your weekend an enjoyable and memorable recovery experience.

**Your Faithful Servants,**

**Beach Retreat 25 Committee**

**P.S. Mother Nature would appreciate our using as few plastic bottles as possible. Please bring your favorite refillable water bottle**.

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See you at the Retreat! See you at Da Beach ;-)